

"Food is our common ground, a universal experience." — James Beard

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MEAL MENU OCTOBER 2026
			1 Rajma Rice, Shahi Tukda 	2 HOLIDAY	
5 Kadhi Pakora, Rice, Suji Halwa 	6 Matar Paneer, Chapati, Millet Kheer 	7 Fried Rice, Veg Manchurian, Kimchi Salad 	8 Aloo Palak, Chapati, Boondi Raita 	9 Dal Panchratni, Rice, Mixed Veg 	
12 Dum Aloo, Chapati, Kala Chana Chaat 	13 Idli Sambhar, Tamarind Rice 	14 Malai Kofta, Chapati, Fruit Custard 	15 Veg Biryani, Veg Raita, Corn Peanut Bhel 	16 Paneer Lababdar, Chapati, Aloo Bonda 	
19 HOLIDAY	20 HOLIDAY	21 Dry Kala Chana, Poori, Halwa 	22 Vada Sambhar, Veg Poha 	23 Punjabi Chhole, Rice, Vermicelli Kheer 	
26 HOLIDAY	27 Dal Makhani, Chapati, Methi Aloo 	28 Dhaba Dal, Jeera Rice, Aloo Gobhi 	29 HOLIDAY	30 Veg Kofta Curry, Chapati, Moong Dal Halwa 	

Nutrition Fact



-Kala Chana- It is rich in essential iron, protein, and fiber for healthy growth and improved digestion.

THE MEAL MENU IS SUBJECT TO CHANGE AS PER THE AVAILABILITY OF THE MATERIAL.